


# heart to heart

THE NEWSLETTER OF TANNER HOSPICE CARE

## 21ST ANNUAL HOSPICE HOLIDAY FOOD SALE



Support this time-honored tradition by coming to the sale and purchasing some of the delectable treats, perfect for stocking the freezer for holiday happenings! Proceeds will benefit Tanner Hospice Care, the region's only community-based, nonprofit hospice service.

To learn more, please call Tanner Hospice Care at 770.214.2355. 

### How Can You Help?

We are signing up "chefs" for the event. As a chef, your job is easy: simply make any food item(s) you like—a pie, cake, casserole, side item, etc.—then drop off your dish at the fellowship hall at First Baptist Church in Carrollton at 102 Dixie Street on Friday, Nov. 16, from 11 a.m. to 6 p.m. Volunteers will be there to take your dish.

Please support the sale on Saturday, Nov. 17, starting at 9 a.m., by purchasing some of the delectable treats, perfect for stocking up for the holidays!

To learn more or offer to prepare a dish, please call Tanner Hospice Care at 770.214.2355.

You also can support the food sale by making a gift to Tanner Hospice Care by mail with the envelope enclosed in this issue of Heart to Heart, by telephone at 770.836.9871 or with a secure online donation at [www.TannerMedicalFoundation.org](http://www.TannerMedicalFoundation.org).



Generous donations from bakers, cooks and chefs from across the community will be the highlight of Tanner Hospice Care's upcoming 21st annual Holiday Food Sale.

The annual event, which takes place at the First Baptist Church in Carrollton, located at 102 Dixie Street, will begin at 9 a.m. and continue until the last food items are sold.

This sale is one of the largest of its kind in the area, featuring more than 500 homemade dishes for hassle-free holiday meals and entertaining. Dishes will include smoked turkeys, barbecue, casseroles, hors d'oeuvres, soups, desserts, fresh breads and much more. All food is packaged for easy storage and is labeled and refrigerated as needed to ensure freshness.

#### SAVE THE DATE

For more information, please call Tanner Hospice Care at 770.214.2355. Hospice volunteer meetings are for current volunteers only.

#### Hospice Holiday Food Sale

9 a.m.  
First Baptist Church  
Fellowship Hall  
Saturday, Nov. 17

#### Hospice Volunteer Christmas Luncheon

11:30 a.m.  
Tanner Medical Center/Carrollton  
Classroom 2  
Wednesday, Dec. 19

#### Hospice Volunteer Meeting Program TBD

11:30 a.m.  
Tanner Medical Center/Carrollton  
Classroom 1  
Wednesday, Jan. 16

#### Hospice Volunteer Meeting Program TBD

11:30 a.m.  
Tanner Medical Center/Carrollton  
Classroom 1  
Wednesday, Feb. 20

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# Carrollton Hero Honored

The following article was written prior to Mr. Walter Paulk's passing on Oct. 20, 2012. Tanner Hospice Care expresses our deepest sympathy to Mrs. Joyce Paulk and her family.

When Carrollton veteran Walter Paulk was presented with Tanner Hospice Care's Certificate of Recognition for his military service, he was hesitant about having his photo published.



Carrollton veteran Walter Paulk and his wife, Joyce, were presented with a "We Honor Veterans" Certificate of Recognition in honor of Paulk's longtime service.

"I just don't like to broadcast myself," he explained.

"Please, Dad, you are a hero," said his daughter, Laurie, summing up the feelings of those assembled for the presentation. The audience included his wife of 65 years, Joyce.

Paulk is indeed a hero, beginning his military career at the age of 17 and serving in the U.S. Army during World War II. His distinctions include earning an Award for Rifle Marksmanship as a PFC during his time in Germany.

"It was an experience for a farm boy like me," said Paulk. "I liked the camaraderie and I loved the discipline."

He served in the Army again during the Vietnam War.

"I went there in 1967," he said. "It was a bad war. I don't ever talk about my military life, not even to my family. But we did what we had to do."

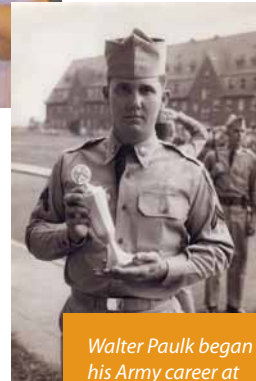
Fellow veteran and Tanner Hospice Care volunteer Ed Wilson understood the

experience. "We are very proud of you and what you've done," Wilson said. "When you came home from that war, there was a different feeling."

Like many other returning Vietnam soldiers, Paulk didn't receive a friendly reception. "When I came back from Vietnam, they threw tomatoes at us and that really hurt me."

Hoping to help heal those painful memories, Wilson presented Paulk with the Certificate of Recognition.

"We can't right the wrongs that they did, but this is just a little token to say we really do appreciate your service," said Wilson. "We are very, very proud of you and your service to our country."



Walter Paulk began his Army career at the age of 17 and earned an Award for Rifle Marksmanship during World War II.

Paulk is one of the 50,000 veteran heroes in the region served by Tanner Health System. To help provide care and support that

reflects the important contributions made by these service men and women, Tanner Hospice Care has become a partner of We Honor Veterans. This pioneering campaign was developed by the National Hospice and Palliative Care Organization in collaboration with the Department of Veterans Affairs.

"We are deeply thankful for the selflessness of service men and women, and we believe it is never too late to give our veterans a hero's welcome home," said Debbie Brock, director of in-home services for Tanner Health System.

"Tanner Hospice Care is proud to be able to provide veterans and their families the type of care and support services they need with the dignity they deserve." ❤️

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**TANNER** HOSPICE CARE

## Choirs for Cancer Raises Hope for Cancer Patients



Join us for the third annual Choirs for Cancer concert, Raising Hope for Cancer Patients, on Nov. 13, 2012, at 7 p.m. at the Joshua Mabry Center for the Arts at Carrollton High School.

Proceeds from Choirs for Cancer help cancer patients in our own community with treatment and expenses related to their cancer care that they could not otherwise afford.

The concert features Grammy-nominated recording artist Babbie

Mason, performing with the talented members of these area choirs:

- ◆ Adoration of Carrollton First United Methodist Church
- ◆ Haralson County High School Chorus
- ◆ *HIS* mark
- ◆ Mt. Pleasant Baptist Church
- ◆ Piney Grove Missionary Baptist Church

Tickets are \$20 each and can be purchased at [www.ChoirsForCancer.org](http://www.ChoirsForCancer.org) or by calling 770.836.9871.

If you cannot attend the concert but would like to make a donation, please send your gift to Tanner Medical Foundation at 303 Ambulance Drive, Carrollton, GA 30117. You also may call 770.836.9871 or make a gift online at [www.TannerMedicalFoundation.org](http://www.TannerMedicalFoundation.org)

For more information, please visit [www.ChoirsForCancer.org](http://www.ChoirsForCancer.org) and click "Create a Web page" or call 770.836.9871. ❤️

Contributions for Tanner Hospice Care may be mailed to P.O. Box 1136, Carrollton, GA 30112, or call 770.214.2355.